2013 Smart Moves Forum on Safe Patient Handling

Thursday, February 28, 2013

Registration and Breakfast: 8:00 a.m. - 8:30 a.m.
Program: 8:30 a.m. - 12:00 p.m.

at

Connecticut Hospital Association
110 Barnes Road
Wallingford, CT 06492

Presented through a collaboration of the Connecticut Hospital Association (CHA), the Connecticut Nurses’ Association (CNA), LeadingAge Connecticut, the Connecticut Association of Health Care Facilities (CAHCF), and the Connecticut Association for Home Care & Hospice (CAHCH).

Connecticut Hospital Association-CHA is an Approved Provider of Continuing Nursing Education by the Connecticut Nurses’ Association, an Accredited Approver by the American Nurses Credentialing Center’s Commission on Accreditation (2.25 Contact Hours).

This program has been approved by the Connecticut Chapter of the American College of Health Care Administrators for 2.25 CEUs for Nursing Home Administrators.
Agenda

8:00 a.m. – 8:30 a.m.  Registration and Continental Breakfast—Visit Exhibitors

8:30 a.m. – 8:45 a.m.  Welcome and Opening Remarks

8:45 a.m. – 9:45 a.m.  Keynote/Plenary Session

Caring Safely for People with Dementia: Understanding Emotional Memory
Kelly Papa, MSN, RN
Director of Education, Research and Dementia Care Consulting, Alzheimer’s Resource Center of Connecticut

“People will forget what you said, people will forget what you did, but people will never forget how you made them feel.”
–Maya Angelou

Emotional memory is different from retained memories of events. Various studies show that for the person with Alzheimer’s disease, emotional memories, or the memory of feelings, stay with the person long after the memory of the event has vanished. While they may no longer recall an event, feelings from the emotional memory of the experience remain. If a person with Alzheimer’s disease experiences a frightening, confusing, overwhelming or sad event, those emotions or associated feelings of distress linger for hours or days. Sadly, for such individuals, these feelings of confusion, loss, fear, embarrassment, or distress may cause them to become aggressive. As we care for the person with dementia, what can we do to lessen these negative emotions and their impact? How can we be sure that we are never the cause of these negative emotions? During this session the group will explore insights and approaches to build positive emotional memories and ways to react when a person with dementia is in distress. Utilizing these practical approaches will generate positive emotional memories that have powerful impacts of the life of a person with Alzheimer’s disease, their family and professional care partners.

At the conclusion of this session, participants will be able to:
• Describe methods to approach, care for, and communicate with persons with dementia to prevent or diminish distress.
• Develop empathic awareness of what it feels like to have dementia.
• Identify steps to remain safe when a person with dementia is exhibiting distress through physically aggressive behaviors such as grabbing, biting or choking.

Kelly Papa, MSN, RN, received her BSN from Saint Anselm College and her MSN from Saint Joseph College. She was a fellow in the 2007 Leadership LeadingAge Academy, and serves as chair of the alumni’s Shared Learning Committee and on the Executive Committee for the Leadership Academy Board. Her experiences in the field of aging services include being a director of nursing and clinical educator. She has taught courses at Yale University, University of Hartford, and the University of Saint Joseph. Kelly has presented at numerous state and national conferences for healthcare professionals on various topics including building learning organizations, creativity in staff development, person centered care, the dementia care specialist, and leadership development. She has written multiple books and articles focused on dementia care and creative staff development.

9:45 a.m. – 10:30 a.m.  Break—Visit Exhibitors

10:30 a.m. – 11:30 a.m.  Panel Presentation and Discussion

Where Are We Now? Successes and Challenges in Safe Patient Handling
Catherine Gouvin, OTR, CHT, CSPHP, Ergonomic Specialist, Lawrence+Memorial Hospital
Patti Wawzyniecki, MS, CSPHP, Industrial Hygienist/Ergonomist/Certified Safe Patient Handling Professional, Office of Research Safety, and Kim Silverman, PT, CLT, Rehabilitative Services, University of Connecticut Health Center
Winsome Donaldson, PT, MS, HCS-D, COS-C, Clinical Review/Outcome Manager, Middlesex Hospital Homecare
Victoria Dinardo, RN, CBN, Metabolic Bariatric Coordinator, St. Vincent’s Medical Center

Panelists will share safe patient handling successes and challenges encountered at their organizations, followed by a question and answer period.
At the conclusion of this session, participants will be able to:
• Discuss three successful safe patient handling strategies.
• Describe current challenges in safe patient handling.

11:30 a.m. – 12:00 p.m. Small Group Sharing Session
Adventures in Safe Patient Handling

In this session, participants from different healthcare settings will share experiences within small discussion groups, identifying successes, challenges, and specific areas of focus for the future.

12:00 p.m. Evaluations

Accreditation

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Driving Directions

Traveling from New Haven on I - 91 North:
Take Exit 15. At the end of the exit ramp, turn left onto Route 68 West. Proceed 0.9 miles to the 5th traffic light (not counting light at end of ramp); turn right onto Barnes Road. Proceed on Barnes Road through one traffic light. A CHA sign will be on the right. Turn right into driveway just before the sign.

Traveling from Hartford on I - 91 South:
Take Exit 15. At the end of the exit ramp, turn right onto Route 68 West. Proceed approximately 0.8 miles on Route 68 to the 4th traffic light (not counting light at end of ramp); turn right onto Barnes Road. Proceed on Barnes Road through one traffic light. A CHA sign will be on the right. Turn right into driveway just before the sign.

From Wilbur Cross Parkway North (Route 15):
Take Exit 66. At the end of the Exit ramp, turn left onto Route 5 South. Proceed approximately 0.25 mile to 3rd traffic light. Turn left up short hill to next traffic light. Turn left onto Route 68 East. At first traffic light, turn left onto North Main Street Extension. Take first right onto Barnes Road. CHA is the second building on the left.

From Wilbur Cross Parkway South (Route 15):
Take Exit 66. At the end of the exit ramp, turn left onto Route 5 South. Proceed approximately 0.25 mile to 4th traffic light. Turn left up short hill to next traffic light. Turn left onto Route 68 East. At first traffic light, turn left onto North Main Street Extension. Take first right onto Barnes Road. CHA is the second building on the left.

From Interstate 84:
Take Exit 27 and proceed on Route 691 East to Wilbur Cross Parkway Southbound. Take Exit 66. At the end of the exit ramp, turn left onto Route 5 South. Proceed approximately 0.25 mile to 4th traffic light. Turn left up short hill to next traffic light. Turn left onto Route 68 East. At first traffic light, turn left onto North Main Street Extension. Take first right onto Barnes Road. CHA is the second building on the left.
Please print clearly.

Organization: __________________________________________________________________________________

Name: _______________________________________  Title: _____________________________________
Phone: _______________________________________  E-mail: ___________________________________

Name: _______________________________________  Title: _____________________________________
Phone: _______________________________________  E-mail: ___________________________________

Please indicate member affiliation (check one):

☐  CNA  ☐ LeadingAge Connecticut  ☐ CAHCF  ☐ CAHCH  ☐ CHA  ☐ Non-Affiliated

Registration Deadline: Thursday, February 21, 2013
Registration Fee: $25.00 (includes continental breakfast and program materials)

Only CHA members can be invoiced for the registration fee. All others must pay prior to the program start. Checks and credit cards may be brought on the day of the program.

Payment Information:

☐  Please bill my institution (CHA Members Only).  P.O.# (if required by institution):____________________

☐  Check enclosed: $_______________

☐  Charge my credit card   ☐ Visa   ☐ MasterCard   ☐ American Express

Credit Card Account Number: ____________________________  Expiration Date: ______________
Name on Credit Card: ____________________________________________________________________________
Signature: ______________________________________________________________________________________

For Direct Bill (CHA Members only), Check (make checks payable to Connecticut Hospital Association) or Credit Card. Mail or fax your registration form and payment to:
Education Services
Connecticut Hospital Association
110 Barnes Road
Wallingford, CT 06492-0090
Fax: (203) 284-9318

Visit CHA’s website to register online:  http://www.cthosp.org/eventcalendar/index.cfm?action=day&date=41333

Registration is a commitment to payment in full. It is permissible to send a substitute, but there is no refund.

Inclement Weather: In the event of inclement weather, call (203) 265-7611 after 6:30 a.m. and select option #4 for a cancellation update.

Accessibility Note: If you require auxiliary aids or services to attend this program, please contact us in advance at educationservices@chime.org or (203) 294-7263.

For additional information, please contact CHA Education Services at 203-294-7263 or educationservices@chime.org.