



# Integrative Medicine and Substance Use Disorder: The Right Medicine at the Right Moment

**Tuesday, June 7, 2022**  
Webinar, 12:00 p.m.–1:00 p.m.



This virtual educational activity is jointly provided by AXIS Medical Education and the Connecticut Hospital Association in collaboration with the Connecticut Department of Mental Health and Addiction Services.

**Target Audience:** Physicians, nurses, social workers, quality professionals, risk managers, healthcare executives, and all healthcare professionals working with patients impacted by trauma and addiction.

**Description:** Integrative medicine is the combination of mainstream medical approaches with complementary/alternative treatments for which there is good scientific evidence. There is growing data that food, movement, mind/body medicine and supplements play an important role in the treatment of pain, anxiety and depression; all of which increase the risk of substance use disorder. In this lecture, we will discuss the opportunities and barriers to using integrative medicine for women with substance use disorder.

**Learning Objectives:**

At the conclusion of this activity, participants can expect to:

- Explain the science behind integrative medicine approaches to pain reduction and stress management.
- Discuss the opportunities and barriers to using integrative medicine techniques with women with substance use disorder.

**Recording:** This activity will be recorded and archived for future participation.

[Register Here](#)

For more information, contact CHA Education Services at [EducationServices@chime.org](mailto:EducationServices@chime.org) or 203-294-7263.



## YOUR FACULTY:

**Kathleen N. Mueller, MD, FAAFP**, is the Director of the Regional Integrative Medicine Program at the Center for Integrative Medicine and Health in Hartford. Dr. Mueller has practiced integrative medicine in some form for the past 28 years. She trained in medical hypnosis during residency and continued her education with acupuncture training at the American Pain Academy and Harvard University. Additionally, Dr. Mueller completed a two-year fellowship with Andrew Weil, MD, at the University of Arizona in 2012, which gave her the skills needed to grow and develop the regional program for Trinity Health Of New England. Dr. Mueller has a special interest in pain management mind/body medicine techniques for stress reduction and marries her integrative medicine experience and leadership with her passion for improving well being.

## ACCREDITED CONTINUING EDUCATION



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

### Accreditation Statement

In support of improving patient care, this activity has been planned and implemented

by AXIS Medical Education and the Connecticut Hospital Association. AXIS Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Credit Designation for Physicians

AXIS Medical Education designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Credit Designation for Nursing

AXIS Medical Education designates this continuing nursing education activity for 1.0 contact hour. *Learners are advised that accredited status does not imply endorsement by the provider or ANCC of any commercial products displayed in conjunction with an activity.*

## Interprofessional Credit



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

## Quality Professionals

This program is pending approval by the National Association for Healthcare Quality (NAHQ) CPHQ continuing education credit.

## Social Workers



As a jointly accredited organization, AXIS Medical Education is approved to offer social work continuing

education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. AXIS Medical Education maintains responsibility for this course. Social workers completing this course receive 1.0 continuing education credit.

## Risk Management

This program is pending approval for contact hours of Continuing Education Credit toward fulfillment of the requirements of ASHRM designations of FASHRM (Fellow) and DFASHRM (Distinguished Fellow) and towards CPHRM renewal.

## Healthcare Executives

ACHE Qualified Education credit must be related to healthcare management (i.e., it cannot be clinical, inspirational, or specific to the sponsoring organization). It can be earned through educational programs conducted or sponsored by any organization qualified to provide education programming in healthcare management. Programs may be sponsored by ACHE, chapters, or other qualified sources, whether the programming is face-to-face or distance offerings (webinars, online seminars, self-study courses, etc.). Participants will receive a certificate of completion for 1.0 hour.

## AXIS Contact Information

For information about the accreditation of this program, please contact AXIS at [info@axismeded.org](mailto:info@axismeded.org).

### Requirements for credit:

- Attend/participate in the educational activity and review all course materials.
- Complete the CE Declaration form online by **11:59 p.m. ET on July 6, 2022**. If you do not enter the online portal by the above date, you will not be able to retrieve your statement of participation.
- Upon successful completion of the online form, your statement of completion will be presented to you to print.

## Disclosure of Conflicts of Interest

AXIS Medical Education requires faculty, instructors, authors, planners, directors, managers, reviewers, and other individuals who are in a position to control the content of this activity to disclose all real or apparent conflicts of interest they may have with ineligible companies. An ineligible entity is any organization whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant conflicts of interest are identified and mitigated prior to initiation of the planning phase for an activity.

AXIS has mitigated and disclosed to learners all relevant conflicts of interest disclosed by staff, planners, faculty/authors, peer reviewers, or others in control of content for this activity. Disclosure of a relationship is not intended to suggest or condone bias in any presentation but is made to provide participants with information that might be of potential importance to their evaluation of a presentation or activity. Disclosure information for faculty, authors, course directors, planners, peer reviewers, and/or relevant staff is provided with this activity.

The **faculty** reported the following relevant financial relationships or relationships they have with ineligible companies of any amount during the past 24 months:

Name of Faculty or Presenter	Reported Financial Relationship
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Kathleen N. Mueller, MD, FAAFP	Nothing to disclose
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The **directors, planners, managers, and reviewers** reported the following financial relationships they have with any ineligible company of any amount during the past 24 months:

Name of Planner/ Manager/Reviewer	Reported Financial Relationship
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Megan V. Smith, PhD	Nothing to disclose
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Christine Prestiano, MS	Nothing to disclose
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Shelly A. Nolan, MS, LPC	Nothing to disclose
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Dee Morgillo, MEd., MT(ASCP), CHCP	Nothing to disclose
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Holly M. Hampe, DSc., RN, MHA, MRM, CPHQ	Nothing to disclose
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Ronald Viggiani, MD	Nothing to disclose
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## Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.