FOR IMMEDIATE RELEASE: Aug. 30, 2013
CONTACT: Chris Boyle, Director of Public Relations and Marketing
860-585-3887 – 860-655-2487 (cell) – cboyle@bristolhospital.org

Orthopedic Surgeon Dr. David Rubins Joins The Bristol Hospital Multi-Specialty Group

BRISTOL, Conn.—Orthopedic surgeon David Rubins, MD, FAAOS, of Essex, has joined the Bristol Hospital Multi-Specialty Group and Bristol Joint Replacement and Orthopedics.

Dr. Rubins’ office is located at 25 Newell Road, Suite E-31, Bristol. He comes to Bristol Hospital from Orthopedic Associates of Middletown, PC. He previously had his own independent practice—Rubins Orthopedic and Joint Replacement—in St. Petersburg, Fla.

Dr. Rubins has more than 20 years of joint replacement experience and specializes in minimally invasive hip and knee replacement, computer-assisted total knee replacement and revision total joint replacement. One of his areas of special interest is the direct anterior (DA) approach for total hip surgical repair. The DA approach is a minimally invasive technique not widely used and involves a smaller incision, no detaching of muscles or tendons, improved component positioning, equal leg lengths, decreased dislocation rates and decreased patient hospital stays.

Dr. Rubins completed his orthopedic surgery fellowship at the Florida Knee and Orthopedic Centers. He completed his orthopedic surgery and general surgery residency at Long Island Jewish Hospital. Dr. Rubins received his medical degree from New York Medical College and his bachelor’s degree in mechanical engineering from Tufts University. He is board-certified in orthopedic surgery and is a member of numerous professional organizations including the American Academy of Orthopaedic Surgeons and the Connecticut Orthopedic Society.

Dr. Rubins is accepting new patients and can be reached at 860-584-8306.