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## Yale New Haven Children's Hospital named by Parents Magazine as one of the 20 most innovative children's hospitals in the U.S.

### YNHCH only tri-state hospital to be honored

**New Haven, CT (Sept 5, 2018)** — Yale New Haven Children's Hospital (YNHCH) has been named by *Parents Magazine* as one of the 20 most innovative children's hospitals in the United States, based on the results of its comprehensive survey. The survey, sent to members of the Children's Hospital Association, sought to identify hospitals with a proven track-record of medical advancements, research, family support, and technical innovations related to children's health and pediatric medicine. The survey also took into account a hospital's adoption of the latest technologies and its efforts to share its innovations with other pediatric centers so more kids can benefit. In addition to being the only tri-state hospital honored, YNHCH was one of only three hospitals throughout the Northeast to be so honored.

"This national honor by *Parent's Magazine* underscores our commitment to making our patients and their families the center of what we do each day at Yale New Haven Children's Hospital," said Cynthia Sparer, senior vice president, Operations at Yale New Haven Hospital and executive director, Children's Hospital and Women's Services at YNHCH. "We are all very proud of the unique and outstanding care families receive in our nationally-renowned NICU. As a destination hospital, YNHCH continues its efforts to provide the best to all of the children and families we serve."

Yale New Haven Children's Hospital was selected specifically for its outstanding commitment to family-centered care by being the first children's hospital to offer couplet care within its neonatal intensive care unit, where mothers and babies who need medical attention remain together in the NICU. Through the creation of a state-of-the-art neonatal intensive care unit that opened in February of 2018 and by keeping hospitalized moms and babies in the NICU in the same room, YNHCH has established a new national model. The specially-designed two floor NICU has enhanced family-centered care, provides support and works toward improved outcomes and advanced clinical research. With the opening of the new NICU, YNHCH was one of only two hospitals in the U.S. and the first academic medical center and children's hospital to offer couplet care. This unique model of care strengthens the maternal-infant bond by having them remain together, fostering skin-to-skin contact, supporting breastfeeding and further inducing healing. The unit's respite rooms, laundry facility and milk room provide further support to parents and families.

"Our winning children's hospitals collectively published more than 16,000 studies last year. We're in awe of their pioneering treatments, genius medical devices, improved medications, and the steps they've taken to make a hospital stay less stressful for little patients and their families,"

said Liz Vaccariello, editor-in-chief of *Parents*. “But, most of all, we’re grateful that these hospitals have made it a priority to share their innovations with other centers, making it easier for kids to receive excellent care closer to where they live.”

According to *Parents*, the 20 most innovative children’s hospitals, listed alphabetically, are:

Akron Children’s Hospital, Ohio  
Ann & Robert H. Lurie Children’s Hospital of Chicago  
Boston Children’s Hospital  
Children’s Healthcare of Atlanta  
Children’s Hospital Colorado, Aurora  
Children’s Hospital of Philadelphia  
Children’s Hospital of Wisconsin, Milwaukee  
Children’s National Health System, Washington, D.C.  
Cincinnati Children’s Hospital Medical Center  
C.S. Mott Children’s Hospital/University of Michigan Health System, Ann Arbor  
Johns Hopkins Children’s Center, Baltimore  
Nationwide Children’s Hospital, Columbus, Ohio  
Seattle Children’s Hospital  
St. Jude Children’s Research Hospital, Memphis  
UCLA Mattel Children’s Hospital, Los Angeles  
UH Rainbow Babies & Children’s Hospital, Cleveland  
University of Minnesota Masonic Children’s Hospital, Minneapolis  
University of Rochester Medical Center’s Golisano Children’s Hospital, New York  
UPMC Children’s Hospital of Pittsburgh  
Yale New Haven Children’s Hospital, Connecticut

The Most Innovative Children’s Hospitals appears in the October issue of *Parents* and online at [www.Parents.com/hospitals](http://www.Parents.com/hospitals)

**Yale New Haven Children’s Hospital** Yale New Haven Children’s Hospital (YNHCH) offers Connecticut’s largest and most comprehensive array of maternity and pediatric services. With 213 beds, YNHCH includes neonatal intensive care units, a pediatric intensive care unit, a 24-hour pediatric emergency room and a pediatric surgery center. YNHCH, with campuses in New Haven and Bridgeport, is part of the nationally recognized Yale New Haven Hospital, a 1,541-bed not-for-profit teaching hospital affiliated with Yale School of Medicine. YNHCH’s York Street campus and associated ambulatory sites are Magnet-designated by the American Nurses Credentialing Center. In addition to its inpatient units, YNHCH has two Pediatric Specialty Centers in New Haven and others in Norwalk, Greenwich and Trumbull to provide specialty care to children closer to their communities.

The **Parents** brand, the leading source of busy, millennial moms, reaches nearly 12 million readers monthly through an award-winning magazine and nearly 10 million through its digital platforms. With a 90+ year history of delivering trusted content, *Parents* provides an empowering voice that helps parents make the best decisions for their families while celebrating the joy of raising healthy, happy children. *Parents* magazine is published monthly by Meredith Corporation with a rate base of 2.2 million.