



FOR IMMEDIATE RELEASE

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**Shushunova Sangia, M.D., Joins Saint Francis Hospital and Medical Center  
as  
a Specialist in Hospital Medicine**

(HARTFORD, Conn. – Feb. 14, 2017) Shushunova Sangia, M.D., of West Hartford, has joined the medical staff of Saint Francis Hospital and Medical Center as a hospitalist with Saint Francis Medical Group.

Dr. Sangia completed residency training in internal medicine at Mount Sinai Saint Luke's Hospital and Mount Sinai West Hospital in New York, New York, a program affiliated with Ichan School of Medicine at Mount Sinai in New York. She earned her medical degree from Pravara Institute of Medical Sciences in Nashik, India.

Dr. Sangia's clinical interests include preventive medicine and critical care.

**About Saint Francis Hospital and Medical Center**

Saint Francis Hospital and Medical Center has been an anchor institution in

north central Connecticut since 1897. In 2015, Saint Francis became part of Trinity Health - New England, an integrated health care delivery system that is a member of Trinity Health, Livonia, MI, one of the largest multi-institutional Catholic health care delivery systems in the nation. Saint Francis Hospital and Medical Center is licensed for 617 beds and 65 bassinets, is a major teaching hospital and the largest Catholic hospital in New England. Other Saint Francis entities include the Comprehensive Women's Health Center, the Connecticut Joint Replacement Institute, the Curtis D. Robinson Center for Health Equity, the Hoffman Heart and Vascular Institute of Connecticut, the Smilow Cancer Hospital Yale-New Haven at Saint Francis, and Saint Francis Medical Group. Follow us on Facebook, Instagram and Twitter @SaintFrancisCT

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## **Day Kimball Hospital Birthing Center Among Top 10% in State and Nation for Maternity Practices in Infant Nutrition and Care**

PUTNAM, CONN. – Day Kimball Hospital has scored among the top ten percent of all participating maternity care facilities in Connecticut and across the United States in the Centers for Disease Control's (CDC) latest Maternity Practices in Infant Nutrition and Care (mPINC) survey. The survey is

administered every two years to monitor and evaluate hospital practices related to breastfeeding. About 82 percent of all facilities that provide maternity services in the U.S. participated in this latest survey, which was conducted in 2015 with the results being published by the CDC in late 2016.

The mPINC survey evaluates how effective birthing facilities are at implementing best practices that, when implemented together as a consistent system of care, results in better breastfeeding outcomes. These best practices help to support breastfeeding throughout seven key clinical care processes, from labor and delivery care to postpartum care, discharge care, staff training and the structural and organizational aspects of care delivery.

Day Kimball Hospital earned an overall quality score of 96 out of 100 on the survey, compared to an average score of 83 for all participating birthing facilities in Connecticut and an average score of 79 for all participating birthing facilities across the U.S. Day Kimball earned a perfect “100” score in four out of the seven measurement areas. These included labor and delivery care, postpartum feeding of breastfed infants, postpartum breastfeeding assistance and the structural and organizational aspects of care delivery, which examines how policies and staffing serve to support breastfeeding initiatives.

“Our team works hard to provide the very best care to mothers and babies before, during and after delivery, and support for mother-baby bonding and breastfeeding is a very important part of that care. We’re very proud of these scores but we’re even more proud of the passion and commitment our birthing center staff shows in providing this level of care and support each and every day,” said Rachel Katsoulis, operations coordinator for the hospital’s Maternal Child Health Department.

This achievement is the latest of several over the last year for Day Kimball Hospital’s birthing center.

In February, 2016 the hospital became one of just 329 in the nation to receive the Baby Friendly Hospital designation. This global initiative launched by the World Health Organization (WHO) and the United Nations Children’s Fund (UNICEF) recognizes birthing facilities that meet stringent guidelines for offering mothers the information, confidence and skills needed to successfully initiate and continue breastfeeding their babies.

And in March, 2016 Day Kimball Hospital became one of the first hospitals to receive the Blue Distinction®+ for Maternity Care designation from Anthem Blue Cross and Blue Shield. This new designation recognizes hospitals that deliver high-quality, affordable maternity care safely and effectively while also achieving high marks for patient satisfaction and efficiency.

To learn more about Day Kimball Hospital's maternity care services, visit [www.daykimball.org/women](http://www.daykimball.org/women). To learn more about the CDC's mPINC survey, visit [www.cdc.gov/mpinc](http://www.cdc.gov/mpinc).

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### ***About Day Kimball Healthcare***

Day Kimball Healthcare is a non-profit, integrated medical services provider comprised of Day Kimball Hospital, healthcare centers in Danielson, Dayville, Plainfield and Putnam, Day Kimball Medical Group, Day Kimball HomeCare, Day Kimball HomeMakers and Hospice & Palliative Care of Northeastern Connecticut. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island. Day Kimball Healthcare's comprehensive network offers more than 1,100 employees including nearly 300 associated, highly-skilled physicians, surgeons and specialists. Its website is [www.daykimball.org](http://www.daykimball.org).