

**For Immediate Release**

March 5, 2019

**Contact:**

Susan McDonald  
Senior Communications Specialist  
860.874.2196 (mobile)  
[Susan.McDonald@hhchealth.org](mailto:Susan.McDonald@hhchealth.org)

## **Professionals Program adds suboxone to list of treatments for addiction**

**HARTFORD**– A grim lesson of the opioid epidemic is that addiction can happen to anyone, including working people.

The Professionals Addiction Recovery Program at the Institute of Living helps those in the workforce successfully address addiction issues. An intensive outpatient group therapy program designed to facilitate recovery efforts, the Professionals Program has expanded its medically-assisted treatment options to include suboxone.

Dr. Suzanne Eschenbach, a specialist in medically-assisted addiction treatment, recently joined the program and can treat appropriate patients with medications to reduce cravings and enhance recovery. Suboxone therapy can now be initiated and continued for patients with opioid use disorders. The program continues to offer group therapy for patients struggling with other substance use disorders.

The focus of the Professionals Addiction Recovery Program is to help working patients recover and return to their careers.

“Our sessions put people with similar work-related demands together so they can talk through their stressors and learn healthy ways of coping in recovery,” says Program Manager Lee Albert.

In addition to treatment for professionals struggling with drug or alcohol addiction, the Professionals Program also offers treatment for depression, anxiety, stress management and other mental health issues.

For more information on the Professionals Program go to [www.instituteofliving.org/Professionals](http://www.instituteofliving.org/Professionals).

\*\*\*\*

Hartford HealthCare is Connecticut’s most comprehensive healthcare network. Our fully integrated health system includes a tertiary-care teaching hospital, an acute-care community teaching hospital, an acute-care hospital and trauma center, three community hospitals, the state’s most extensive behavioral health network, a large multispecialty physician group, a regional home care system, an array of senior care services, a large physical therapy and rehabilitation network and an accountable care organization. Through its institute model, Hartford HealthCare offers the highest standards of care for cancer, heart and vascular services, neuroscience, orthopedics and urology. Visit us at [www.hartfordhealthcare.org](http://www.hartfordhealthcare.org)