



A community partner of YaleNewHavenHealth

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FOR IMMEDIATE RELEASE

Day Kimball Healthcare to Host Free Women's Health and Wellness Day

PUTNAM, CONN. (May 10, 2021) – Day Kimball Healthcare's (DKH) Women's Health Program invites eligible women to a free Women's Health and Wellness Day event on Monday, May 17, from 8:00 a.m. to 2:00 p.m. at the Day Kimball Healthcare Center in Plainfield.

This free women's health and wellness screening and education event is supported by the Connecticut Early Detection and Prevention Program (CEDPP)*, and the Connecticut Well Integrated Screening and Evaluation for Women Across the Nation Program (WISEWOMAN).

WISEWOMAN focuses on screening lower-income, uninsured, or under-insured women ages 30-64 for heart disease and provides lifestyle counseling and interventions to navigate women to a healthier life. Through WISEWOMAN, eligible women will be offered free blood pressure, cholesterol, and glucose screening; health coaching; diabetes education; nutritional consults; smoking cessation; consultations and follow-up office visits.

Enrollment appointments for the Women's Health and Wellness Day are first come first served, and eligibility requirements apply.

Eligible women enrolled in the event will receive a women's health office visit, including a clinical breast exam and pap smear if needed; a mammogram screening; a WISEWOMAN evaluation, including cardiovascular screening, blood pressure, blood glucose, and a cholesterol check; and lifestyle coaching.

For more information and to determine eligibility for the free Women's Health and Wellness Day, please contact Morgan Clark, community health navigator, at (203) 814-2369, or Dawn Hippert, RN, BSN, women's health system and clinical navigator, at (860) 963-3864.

To learn more about early detection and women's health services at DKH visit daykimball.org/women.

**The Connecticut Early Detection and Prevention Program funded by the Connecticut Department of Public Health and the Centers for Disease Control for the period of January 1, 2019 through June 30, 2023.*

About Day Kimball Healthcare

Day Kimball Healthcare is a nonprofit community healthcare system composed of Day Kimball Hospital, Day Kimball Medical Group, Day Kimball Healthcare at Home, and healthcare centers in Danielson, Dayville, Plainfield, and Putnam. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare's comprehensive network employs more than 1,000 staff including nearly 300 associated, highly skilled physicians, surgeons and specialists. Its website is www.daykimball.org.