



A community partner of YaleNewHavenHealth

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**FOR IMMEDIATE RELEASE**

**Day Kimball Healthcare Offers Free Mammogram & Heart Disease Screening Event**

PUTNAM, CONN. (Feb. 3, 2021) – Day Kimball Healthcare (DKH) invites eligible women to a free mammogram and heart disease screening and education event on Saturday, February 13 from 8:00 a.m. to 12:00 p.m. at the Day Kimball Healthcare Center in Plainfield.

This free mammogram and heart disease screening and education event is supported by the Connecticut Early Detection and Prevention Program (CEDPP)\*, and the Connecticut Well Integrated Screening and Evaluation for Women Across the Nation Program (WISEWOMAN).

To be eligible for a free mammogram, a woman must have income at or below 250% of the federal poverty level, be 40 or more years of age, haven't had a mammogram in the past 12 months, and must have no health insurance. Individuals who have an insurance deductible of \$1,000 or more are eligible for the CEDPP program if additional screenings and tests are required after their initial preventative mammogram.

WISEWOMAN focuses on screening lower-income, uninsured, or under-insured women ages 30-64 for heart disease and provides lifestyle counseling and interventions to navigate women to a healthier life. Through WISEWOMAN, eligible women will be offered free blood pressure, cholesterol, and glucose screening; health coaching; diabetes education; nutritional consults; smoking cessation; consultations and follow-up office visits.

Registration is required and mammogram appointments are limited. For more information and to determine eligibility for the free mammogram screening and education event, please contact Morgan Clark, community health navigator, at (203) 814-2369, or Dawn Hippert, RN, BSN, women's health system and clinical navigator, at (860) 963-3864.

To learn more about early detection and women's health services at DKH visit [daykimball.org/women](http://daykimball.org/women). For more information about diagnostic imaging at DKH visit [daykimball.org/diagnostics](http://daykimball.org/diagnostics).

*\*The Connecticut Early Detection and Prevention Program funded by the Connecticut Department of Public Health and the Centers for Disease Control for the period of January 1, 2019 through June 30, 2023.*

**About Day Kimball Healthcare**

Day Kimball Healthcare is a nonprofit community healthcare system comprised of Day Kimball Hospital, Day Kimball Medical Group, Day Kimball Healthcare At Home, and healthcare centers in Danielson, Dayville, Plainfield, and Putnam. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare's comprehensive network offers more than 1,000 staff including nearly 300 associated, highly skilled physicians, surgeons and specialists. Its website is [www.daykimball.org](http://www.daykimball.org).