

FOR RELEASE: Aug. 28, 2012

Contact: John Cappiello, 203-384-3637

## **Infertility experts at Bridgeport Hospital help deliver mom's dream**

A local woman's successful treatment for infertility—which resulted in the birth of twins—is highlighted in the cover story of the Summer 2012 issue of *Healthy & Wise*, Bridgeport Hospital's community health newsletter. To request a free copy, call toll free, 24/7, at 1-888-357-2396. *Healthy & Wise* is also available at [www.bridgeporthospital.org/publications](http://www.bridgeporthospital.org/publications).

The woman, known at her request for privacy as Ann in the story, and her husband had been trying for years to conceive a second child. "I started to wonder, 'Will this go on forever?' I worried and stressed all the time," Ann says in *Healthy & Wise*.

Ann and her husband finally contacted Bridgeport Hospital reproductive endocrinologist Shaun Williams, MD, who discovered that uterine fibroids were blocking her fallopian tubes and preventing pregnancy.

Ann underwent a myomectomy, a procedure that removes the fibroids while leaving the uterus intact. A few weeks later, fertility treatments began and eventually led to in vitro fertilization (IVF). Soon after, ultrasound exams revealed that Ann was expecting twins.

Thirty-six weeks after becoming pregnant, Ann's twins were born healthy, each weighing about 5 lbs.

"During the years of struggle, I knew I would always have more children," Ann says. "With patience, prayer, persistence and the right specialists, we did it."

The new issue of *Healthy & Wise* also includes Ask the Expert columns about infertility by Chief of Reproductive Endocrinology Karol Chacho, MD and reproductive endocrinologist Andrew Levi, MD., complete with QR codes to scan and access expanded interviews on video with the two doctors.

Other articles in the newsletter focus on wireless fetal monitors for women in labor and "Firehouse Fridays," the bi-weekly firehouse cooking segment on WTNH Channel 8's Connecticut Style program that features firefighters from around the state who are supporting renovations to The Connecticut Burn Center at Bridgeport Hospital.

(more)

## INFERTILITY...2-2-2

In addition, *Healthy & Wise* readers can learn about Bridgeport Hospital's recognition by *U.S. News & World Report* as best in Fairfield County for Geriatrics, Nephrology, Pulmonology and Urology, as well as the expansion of Yale-New Haven Children's Hospital to the Bridgeport Hospital campus.

#####

Bridgeport Hospital is a member of Yale New Haven Health System (YNHHS), the largest and most comprehensive integrated health care delivery system in Connecticut. Yale New Haven Health System is recognized for advanced clinical care, quality, service, cost effectiveness and commitment to improving the health status of the populations it serves. Yale New Haven Health System's service area covers portions of eastern New York, the state of Connecticut and southwestern Rhode Island. Yale New Haven Health System is committed to making the best health care easier to use.