Gaylord Hospital Conducting Studies for Spinal Cord Injuries:
Two Projects Aim to Advance Research

For Immediate Release

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WALLINGFORD, CT (November 2, 2009) – Gaylord Hospital is working to help people with spinal cord injury or multiple sclerosis resolve some of the many issues that they face each day. Gaylord Hospital is joining efforts with the New England Regional Spinal Cord Injury Center in Massachusetts to conduct two distinct studies that address the quality of life and functional ability of these individuals.

The first study, “Care Call” is a phone-based program that aims to reduce health problems and improve the quality of life for people with spinal cord injury or multiple sclerosis. According to Dr. David Rosenblum, Director of Spinal Cord Injury Research at Gaylord Hospital, volunteers stay in the comfort of their own home throughout the duration of the study as researchers will call them or come to their homes. The study will test a calling system “Care Call” that checks in regularly with the study participant to help resolve health issues such as skin problems and depression.

The second study will focus on developing a system to measure functional ability or the ability to do everyday tasks in persons with spinal cord injury. Candidates must have a diagnosis of traumatic spinal cord injury of any level.

For more information about the studies, please contact Diana Pernigotti of Gaylord Hospital (dpernigotti@gaylord.org), (203) 284-2800, extension 3553, or toll-free at (866) GAYLORD, extension 3563.

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