



A community partner of YaleNewHavenHealth

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FOR IMMEDIATE RELEASE

Photos attached

10th Annual Day Kimball Healthcare “Give It a Tri” Triathlon A Success

PUTNAM, CONN. (Aug. 11, 2021) – The tenth annual Day Kimball Healthcare (DKH) “Give it a TRI” triathlon was held on Saturday, July 31 with nearly 100 participants trying their hand at the half-mile swim, 12.5 mile bike ride and 3.1 mile run. Triathletes raced side-by-side on the sands and in the waters of Moosup Pond to support ongoing and future health and wellness education for communities across Northeast Connecticut.

“I’m so excited that our 10th year was such a success despite the setbacks of having to cancel last year due to the COVID-19 pandemic and starting with a new race company,” said Dr. Marc Cerrone, Director of Pediatrics at Day Kimball Healthcare and event organizer. “We had an amazing turnout and beautiful weather, and I have received nothing but terrific feedback from those who attended. I am so grateful to our volunteers, Putnam Cyclery, and the Plainfield and Killingly police, fire and ambulance crews for helping make this a safe and enjoyable event for everyone!”

22-year-old Andrew Yatsunami, captured the top spot in the individual male competition, finishing in 1:00:18. Rounding out the top three men were Andrew Luneau (1:02:58) and Michael Podzalone (1:03:32). Elizabeth Bove was the top individual female finisher in (1:11:47), closely followed by second and third place finishers Tracy Herzer (1:13:09) and Linda Spooner (1:13:22).

First place in the co-ed relay competition went to Team Ahearn. Sarah Ahearn completed the swim portion of the event, Timothy Ahearn took on the bike ride and Aimee Ahearn handled the running. Together, the three clocked in at 1 hour, 2 minutes, 19 seconds. That was just under 13 minutes better than Team Danis – Nichole, Leah, and Matthew Danis (1:15:34). Team Davis Square – Davis Simpson and Sue Davis – placed third (1:24:20).

Taking first place in the all-female relay competition was Team QV-BWS – Sharon Geyer, Wendy Caron, and Betsy Cracco (1:14:00). Second place went to Team SPK – Sherri Boulet and Corinne Gustafson. The duo clocked in at 1 hour and 21 minutes. Team Tri Angels – Sandra Collins, Terri Creedon, and Sarah Froelich, finished third (1:25:24).

For the full list of participants and finish times for competitors, visit www.daykimball.org/triathlon.

About Day Kimball Healthcare

Day Kimball Healthcare is a nonprofit community healthcare system composed of Day Kimball Hospital, Day Kimball Medical Group, Day Kimball Healthcare at Home, and healthcare centers in Danielson, Dayville, Plainfield, and Putnam. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare’s comprehensive network employs more than 1,000 staff including nearly 300 associated, highly skilled physicians, surgeons and specialists. Its website is www.daykimball.org.