

FOR IMMEDIATE RELEASE

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Waterbury Hospital Announces 19th Annual TGIF (Thank God I'm Female) Women's Wellness Forum

WATERBURY – Waterbury Hospital today announced that its 19th annual TGIF (Thank God I'm Female) women's wellness forum will take place Friday, April 30, 2010 at the Villa Rosa Wedding & Banquet Facility (The Ponte Club.) The event, which will be hosted by WFSB TV Channel 3 personalities Scot Haney and Teresa LaBarbera, will take place from 4:30 p.m. to 10 p.m. and will include a sit-down dinner.

The theme of this year's event is "Love Your Heart...and Have Your Wine and Chocolate, Too!" The keynote speakers will be Kevin Kett, MD, and Steven Widman, MD, who are cardiology specialists with Cardiology Associates of Waterbury, PC. The doctors will talk about the best ways for women to maintain heart health.

The TGIF event has become a popular annual draw for women interested in learning about how to make the most of their health while enjoying an evening of good food, company and entertainment. The event also features a wide variety of vendors offering a range of products for women. For sponsorship opportunities or to learn more about the event, please call (203) 573-7691.

Waterbury Hospital is the largest private employer in the Greater Waterbury region, and serves a vital role in the economic vitality of Western Connecticut. It is a private, non-profit acute care teaching hospital licensed for 367 beds and affiliated with the Yale School of Medicine, the University of Connecticut School of Medicine and Connecticut Children's Medical Center. Founded in 1890 as Waterbury's first and Connecticut's fourth hospital, Waterbury Hospital is a full-service community health-care institution with centers of excellence in primary care, cardiac services, behavioral health and orthopaedics.

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