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The Convenience of Free and Low-cost Mobile Mammography Screenings Comes to area Women

Bridgeport, CT, January 30, 2009 —The SWIM Women's Imaging Center will offer the following free and low-cost mammography screening for women age 35 and older during the month of **February**:

- **Wednesday, February 11th, 9AM to 1PM, St. Vincent's Immediate Health, 401 Monroe Turnpike, Monroe, CT**
- **Monday, February 23rd, 1pm to 5pm, St. Mary's Church, 70 Gulf Street, Milford, CT**
- **Friday, February 27th, 9AM to 1PM, Lord Chamberlain, 7003 Main Street, Stratford, CT**

The latest American Cancer Society guidelines recommend that all women have a mammogram by age 40, and then every year thereafter.

Mammograms are free for those who do not have health insurance, have financial limitations and qualify for assistance. For those who do not have insurance but do not qualify for free services, mammograms are discounted. Appointments are necessary and a physician order and insurance card must be brought to the appointment.

To schedule an appointment or to find out when the mobile mammography unit will be in your area, call St. Vincent's SWIM Women's Imaging Center at (203) 576-5500. To schedule a screening site for your office, community center, school or church, call the Mobile Mammography Coordinator at (203) 576-5505.

The mobile mammography program, one of the largest no-cost and low-cost mammography screening campaigns in all of Fairfield County, is made possible through St. Vincent's SWIM Across the Sound, Connecticut's leader in cancer education, prevention screenings and support services in the area.

St. Vincent's SWIM Across the Sound

St. Vincent's SWIM Across the Sound is a charitable organization run by St. Vincent's Medical Center Foundation. The grass roots organization, which celebrated its 20th anniversary this past August, does not support research; the SWIM has a unique niche, providing cancer education, screening, prevention and assistance programs at low- or no-cost for the elderly and underserved. In addition, the SWIM helps cancer patients on a case-by-case basis to fit an individual's specific needs, such as the funding of wigs and prostheses, medication assistance, free transportation to treatments and appointments, daycare scholarships and support groups. The SWIM raises funds through events including the SWIM Marathon, Breast Cancer Luncheon, Sports Gala and Prostate Cancer Celebrity Dinner. Thanks to underwriting sponsorships of the events, 100% of funds raised are used for the SWIM's cancer programs. The SWIM raised \$2.6 million in the 2007 fiscal year and has helped more than 20,000 individuals throughout Connecticut.

St. Vincent's Medical Center

St. Vincent's Medical Center is a 397-bed acute care, community teaching and referral hospital providing a full range of inpatient and outpatient services with regional centers of excellence in cardiology, surgery, cancer care, orthopedics, diagnostics, women's and family services, behavioral health, senior health and an array of specialized services. St. Vincent's Medical Center is a subsidiary of St. Vincent's Health Services, which include Hall-Brooke Behavioral Health Services, St. Vincent's College, St. Vincent's Special Needs Services, and St. Vincent's Immediate

Health Care Centers. It is a member of Ascension Health, the nation's largest Catholic healthcare system. St. Vincent's is a teaching affiliate of the University of Connecticut School of Medicine and New York Medical College. The Medical Center is also sponsor of SWIM Across the Sound, one of the nation's largest hospital-based cancer prevention and patient support programs. For referral to a St. Vincent's physician or about programs and services, call the toll-free Care Line at 1-877-255-SVHS (7847) or visit www.stvincents.org.

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