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### **For Immediate Release**

#### **“Cholesterol – The Good, The Bad, The Ugly” – A Listen & Learn Lecture with Venu Channamsetty, M.D.**

Bridgeport, CT, September 23, 2009 – St. Vincent’s Medical Center is sponsoring a free talk open to the general public entitled “Cholesterol – The Good, The Bad, The Ugly” as a part of their 2009 Fall Listen & Learn Lecture Series. The talk will take place on Tuesday, October 6, from 6PM-7PM, at the Oronoque Country Club, 385 Oronoque Lane, Stratford.

Featured speaker, Venu Channamsetty, **M.D.**, will discuss what good cholesterol is, how it helps fight bad cholesterol and how to keep your cholesterol at a safe level with either diet or medication.

Dr. Channamsetty is board certified and specializes in cardiology, nuclear cardiology, echocardiography, and internal medicine. Dr. Channamsetty graduated with a bachelor of arts degree in biology at Siena College in Loudonville, NY, received his medical degree from Albany Medical College, NY and performed his residency training in internal medicine at Brown University School of Medicine in Providence, RI. He performed his fellowship training in cardiovascular disease at New York Medical College/Webster Medical Center in Valhalla, NY. He is a member of the American College of Cardiology and the American Society of Echocardiography. He practices medicine at PriMed Cardiology Physicians in Bridgeport.

A question and answer session will follow the presentation, and light refreshments will be provided.

For more information or to register for this lecture, please call St. Vincent’s toll-free Care Line at **1-877-255-SVHS (7847)**.

### **Listen & Learn Lecture Series**

*“Listen & Learn” is a free series of talks for the community by physicians on health and wellness topics in an effort to help area residents stay well. Participants learn from experts in the field about medical topics and prevention strategies, and how to sort through confusing consumer health information available to consumers. Topics will cover a broad range of issues. The program, a part of St. Vincent’s mission of outreach to the community and is open to the general public. The lecture program is a collaboration between St. Vincent’s Club 50/Boomers Group and its Physician Services.*

### **St. Vincent’s Club 50/Boomers**

*St. Vincent’s Club 50/Boomers is designed for people age 50 and older who are interested in maintaining and improving their health through education programs and social events. Membership is free and entitles participants to discounts on a variety of programs from health screenings to computer lessons; from fitness classes to excursions. Members receive free parking and meals at St. Vincent’s, discounts on prescription drugs at most pharmacies, and access to lectures and information on health and wellness.*

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