

Waterbury Hospital



Darlene Stromstad
President and CEO

64 Robbins Street
Waterbury, CT
06721-1589

Phone: (203) 573-6000
Fax: (203) 573-7325

E-mail:
firstinitiallastname
@wtbyhosp.org

Website :
www.waterburyhospital.org

County: New Haven

Founded: 1890

Medical Staff 450
Full-Time Equivalents 2100
Licensed Bed Capacity 357
Lic. Bassinet Capacity 36

Founded in 1890, Waterbury Hospital is Connecticut's fourth hospital and Waterbury's first. Waterbury Hospital is a not-for-profit, acute care teaching hospital affiliated with the Yale School of Medicine, The University of Connecticut School of Medicine, and Connecticut Children's Medical Center.

Waterbury Hospital is a center of excellence for orthopaedic care and was ranked by Health Grades as the **#1 Hospital in Connecticut for Joint Replacement Surgery in 2007 and 2008 and among the top 5% of hospitals in the nation.** More than 900 hip and knee replacements or revisions are performed annually.

Additionally, Waterbury Hospital offers one of the regions largest and most comprehensive **behavioral health services programs** in a general hospital setting. The behavioral health program is considered a safety net provider for nearly a quarter of a million individuals and provides a full spectrum of integrated, evidence-based and comprehensive inpatient and outpatient services for children, adolescents, adults and the elderly. The program is also a leader in the delivery of innovative community outreach programs.

The **Department of Urology** at the hospital is one of the top in the state. With over 70 years of combined experience, many of the urologists that partner with Waterbury Hospital trained at Yale University and are involved in state-of-the-art treatments and groundbreaking clinical research.

The **Center for Surgical Specialties** is headed into its fourth year at the hospital and consists of highly qualified surgeons who specialize in the latest surgical techniques, including minimally-invasive laparoscopic and endoscopic procedures. Services include general surgery as well as colon, breast and vascular care. In fact, Waterbury Hospital is home to a state-of-the-art vascular services program that includes usage of advanced techniques such as minimally invasive major vessel repairs, stenting of the great vessels and endovascular laser ablation of intra-arterial plaques, as well as other advanced vascular services.

The Heart Center of Greater Waterbury provides both **angioplasty and open heart surgery** procedures to patients in the Greater Waterbury Area. As part of a historic partnership with the University of Connecticut Health Center, Waterbury Hospital and Saint Mary's Hospital joined together to form the Heart Center of Greater Waterbury. Together, since the program began three years ago, the Heart Center of Greater Waterbury has successfully treated 2,400 hearts by performing 1,800 angioplasties and more than 600 open heart surgeries.

Other centers of excellence include the **Regional Sleep Laboratory** which evaluates, diagnoses and treats sleep-related breathing disorders (including sleep apnea, snoring and narcolepsy) and the **Access Rehab Centers**, a Waterbury Hospital and Easter Seals partnership in physical rehabilitation. Access Rehab is the clearly recognized leader in the area with over 70,000 visits to its 10 locations throughout the Greater Waterbury Area. The Centers specialize in pediatric services, orthopaedic and sports medicine, physical therapy, occupational therapy, speech therapy, aquatic therapy, pulmonary rehabilitation and gait and balance disorders.

Waterbury Hospital recently earned **Primary Stroke Center (PSC) designation from the State of Connecticut Department of Health.**

Waterbury Hospital also has a prominent **surgical residency program.** It also has a robust **medical residency program** that is sponsored by the Yale School of Medicine.

AFFILIATES - The Greater Waterbury Health Network includes:

The Waterbury Hospital	The Greater Waterbury Imaging Center, LLP
VNA Health at Home, Inc.	Imaging Partners, LLC
Access Rehab Centers, LLC	Valley Imaging, LLC
The Harold LEEVER Regional Cancer Center, Inc.	Management Resources, Inc.
Alliance Medical Group, PC (affiliated physicians)	Greater Waterbury Management Resources, Inc.
The Children's Center of the Greater Waterbury Health Network	Heart Center of Greater Waterbury, Inc.

STRATEGIC PARTNERSHIPS

Waterbury Hospital and its affiliates continue to foster selective healthcare partnerships to effectively serve the 12-town Greater Waterbury region of 250,000 residents. One such partnership is the Harold Leever Regional Cancer Center, opened in 2002 in partnership with Saint Mary's Hospital. The Leever Center combines the outpatient oncology services of both Waterbury and Saint Mary's Hospitals under one roof on the west side of the city. In July of 2005, the two hospitals launched a joint advanced cardiology program called the Heart Center of Greater Waterbury. The hospital also has a clinical affiliation with the Connecticut Children's Medical Center (CCMC) in Hartford.

COMMUNITY OUTREACH

Below is a sampling of the hospital's Community Benefit Activities:

- \$3.3 million in charity care provided within the hospital and its clinics.
- \$21.8 million in care delivered, but for which, the hospital was not paid.
- The hospital's award-winning **Hard Truth Program**, now in its sixth year, is a traveling multi-media presentation designed to teach the stark reality of drinking and driving. The program reaches in excess of 15,000 students in 50 high schools and colleges throughout Connecticut each year.
- Waterbury Hospital offers **Wellness programming and Medicare counseling** for its 21,000-member Evergreen Club 50, an organization for active adults age 50 and over.
- Now in its seventh year, the hospital's **Parent Leadership Training Institute (PLTI)** has graduated 142 parents from the Greater Waterbury Area.
- Waterbury Hospital is the only hospital in Connecticut to receive federal **Ryan White Part C funding** for the care of some 600 area residents.
- Waterbury Hospital has been recognized by the Governor's Prevention Partnership, for its leadership and involvement in significantly advancing **youth mentoring** in Connecticut. The hospital has **mentored the entire 9th grade class at Wilby High School** in Waterbury for the past three years. The hospital is also involved with the **Adopt-A-Classroom program** at the elementary-school level, and with the **Providing Early Acquaintance with Careers in Health program (PEACH)** at the middle-school level.
- A creative collaboration between Waterbury Hospital, the National College of Technical Instruction (NCTI), American Medical Response (AMR) and Wilby High School is **producing the region's newest crop of emergency medical responders** – and possibly tomorrow's physicians, nurses and medical technologists. The free program which trains high school students to become Emergency Medical Technicians (EMT's) and Medical Response Technicians (MRT's) is especially important with today's shortage of nurses and EMT's. The program also exposes students to careers that benefit their communities and provides students with a personal learning opportunity for wherever their careers take them.



In an effort to help persuade non-compliant HIV/AIDS patients in the Greater Waterbury Area to become more proactive in the management of their disease, the Waterbury Hospital Infectious Disease (ID) Clinic has implemented innovative programming in the last year geared towards achieving this objective. "Get a Life," is a recent initiative overseen by the ID Clinic that allows patients to express their creativity through photography. Still in the planning stages, are other similar creative arts initiatives that also empower and encourage patients to become invested and interested in their own lives. These include quilt making, drawing and jewelry making. "These programs give our patients hope, a different perspective and a reason to get interested in something else in their lives besides their disease," according to Juana Clarke, Director of Grants at the hospital. "It has been amazing to watch how their involvement in non-clinical activities like photography, has the affect of getting them to take their medicine again, visit their physician regularly, and become re-engaged in their treatment plan."

Inpatient Utilization

Service	Avg Stfd Beds	FISCAL YEAR 2007		
		Cases	Patient Days	Avg Length of Stay
Medical/Surgical/Intensive Care	167	10,607	54,570	5.1
Psychiatry - Exempt	30	968	8,356	8.6
Maternity	17	1,353	3,587	2.7
Newborn/Neonatal ICU	11	1,289	4,059	3.1
Pediatrics	10	394	712	1.8
Total	235	14,611	71,284	4.9

Source: 2007 OHCA Report 400 (Average Staffed Beds)
2007 Patient Census Report (Cases, Patient Days, Length of Stay)

Outpatient Utilization

	FY 2007
Ambulatory Surgery	5,800
Emergency Department	53,824
Outpatient Gastroenterology	2,553

Source: 2007 Patient Census Report