

Milford Hospital



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County: New Haven

Founded: 1920

Medical/Dental Staff 325
Full-Time Equivalents 567
Licensed Bed Capacity 106
Lic. Bassinet Capacity 12

Milford Hospital, located in a pleasant suburban environment, offers a full range of outpatient, inpatient, and community health services that combine state-of-the-art technology with high quality personal care.

In January 2007, Milford Hospital opened its two-story 15,580 square foot Walk-In Center, which for the first time allows the region's patients even easier access to non-urgent services. The center, which is less than two miles from the Milford Hospital main campus, is geared toward patients who have minor injuries or illnesses that don't need the intensive, comprehensive services of the Emergency Center. The Walk-In Center is open 7 days a week and has already seen record-breaking patient numbers from the region.

The center opened to meet the growing demands for urgent, but non-emergency care in the region. Seven years ago the hospital expanded its Emergency and Walk-in Centers, but the number of people using the hospital's Emergency Services from throughout the region has substantially increased, prompting the need for more space.

The hospital recently became one of only a handful of hospitals in the state to provide patients, physicians, and visitors with wireless internet access.

During 2006, the hospital made high-tech enhancements, including the addition of a high-level multi-slice Computed Tomography (CT) system, which takes 16 images per rotation, providing the capability for extremely high-definition images, including virtual colonoscopies. The new CT system, which provides 16-slice technology, is not only faster but provides higher resolution, which enables medical professionals to see images in even greater detail than ever before. All departments are linked to a Stentor PACS system that allows referring physicians the convenience of accessing patient studies from their offices via the Internet. Milford Hospital was the first in Connecticut to offer the new Phillips IU22 ultrasound equipment which features real time 3-D and 4-D imaging.

In 2005, Milford Hospital opened The Connecticut Joint Center for the growing number of hip, knee, and shoulder replacement patients. In 2006, an orthopedic surgeon at Milford Hospital's new Connecticut Joint Center was the first physician in the region to use an advanced, highly sophisticated computer-guided imaging system during total knee replacement (arthroplasty) surgery. The computer-assisted surgery (CAS) helps surgeons more consistently align the artificial joint in the bone and may increase the long-term effectiveness of knee replacements.

Milford Hospital also recently added a Comprehensive Pulmonary Laboratory (CPL), which aids in the diagnosis of lung diseases, including asthma, chronic bronchitis, and emphysema, to its Cardiopulmonary Laboratory. The highly accurate system allows medical staff to get a clear indication of airflow in and out, or Spirometry, as well as blood oxygen, or Diffusing Capacity. Milford Hospital performs more than 300 pulmonary function tests per year.

Milford Hospital performed its first Laparoscopic Nissen procedure in 2006, a minimally invasive surgery that alleviates chronic heartburn in people whose condition cannot be controlled by either lifestyle changes or medication. The procedure, called Laparoscopic Nissen fundoplication, requires extensive and highly specialized training, and only a few surgeons in the United States perform the procedure.

Milford Hospital recently completed a \$24 million, three-story Patient Care facility devoted to outpatient services. This includes a new and expanded Emergency Center, and an Ambulatory Diagnostic and Treatment Center that includes all of the services for same-day, outpatient services. The center also includes the ambulatory SurgiCenter and four new operating suites, designed to evolve with the technological advances of the future. The new facility recently received international recognition.



The hospital's new Family Childbirth Center includes private LDRP rooms, combining the amenities of home with advanced technology for both mother and newborn. The comfortable, home-like private birthing rooms, accented with oak furniture and flooring, are a part of the Center, which also includes a whirlpool for relaxing, and the option of 24-hour in-room baby boarding.

Milford Hospital's new Aesthetic Care and Cosmetic Surgery Center is one of a few hospital-based centers in New England. The Center is designed for patient comfort and privacy with state-of-the-art surgical suites created to perform specific, delicate procedures, such as nose contouring, tummy tuck, facelift, liposuction, breast enlargement or reduction, and other areas

of plastic surgery. The Center offers the best of both worlds by providing discreet plastic and cosmetic surgery care, backed by the services and benefits of a full service accredited and licensed hospital. Plastic and cosmetic surgery patients in Connecticut have peace of mind knowing the Center has the full breadth of credentialed physicians, hospital staff, equipment, and support in case it is ever needed. Overnight beds are available if necessary and a fully certified pharmacy is on-site.

Milford Hospital's Intensive Care Unit has ten modern private rooms, fully equipped with state-of-the-art monitoring systems that place the hospital in the forefront of the delivery of critical care services.

Additionally, the hospital provides a comprehensive community health education program and affiliated off-campus medical laboratory, radiology, and home care services.

Young Parent's Program—The Young Parent Program was established in 1985 to promote healthy birth outcomes and positive parent-infant relationships for pregnant and parenting youths from Milford and surrounding towns delivering at Milford Hospital, in concert with area human resource providers. The program, which serves more than 100 teens each year, provides individual, family, and couple counseling, resource information, referral, and linkage to appropriate community services. Clients exploring adoption receive individual prenatal education and psychosocial counseling.

A Parent/Child Playgroup and Prenatal Education classes are weekly offerings. Support groups for teenage parents are offered weekly at Foran High School, Jonathan Law High School, and Platt Technical School. Prevention groups and participation in classroom family planning education are additional responsibilities of staff.

The success of the Young Parent Program may be observed in the continuity of relations between teenagers and staff who provide support through the childbirth process or in making crucial family planning decisions. The effectiveness of their involvement is noted by the infant's delivery weight, mother's general healthy and well-being, and continued enrollment in high school or vocational programs as they are guided toward self-sufficiency. An informative "Tea Talk" program for mothers and daughters (age 10 – 13) provides a forum for open communications on adolescent issues and concerns.

Community Health and Wellness—Milford Hospital offers a variety of free educational seminars on timely health and wellness topics and health screenings at various sites throughout the community, ranging from the conference rooms at the hospital, to the Community Room at the Milford Public Library, and Marketplace Square at Westfield Shoppingtown, Connecticut Post Mall. An annual health fair and screening is made available for seniors at the senior center.

Programs designed to help people live well with diabetes or chronic breathing difficulties, stop smoking, handle stress, or manage their weight are offered on a regular basis. Childbirth Education includes not only the expected Prenatal and Lamaze classes, but also free classes for grandparents and big brothers and sisters.

Free support groups are available for people and/or family members who wish to share experiences, information, concerns, and feelings. Current support groups include Cancer, Diabetes, Better Breathing, Alzheimer's, Multiple Sclerosis, Lupus, Ostomy, Y-Me, Breast Cancer, and Chronic Fatigue Syndrome.



MILFORD HOSPITAL

Inpatient Utilization

Service	Avg Stfd Beds	FISCAL YEAR 2007		
		Cases	Patient Days	Avg Length of Stay
Medical/Surgical/Intensive Care	55	3,946	19,123	4.8
Maternity	5	553	1,600	2.9
Newborn	5	549	1,672	3.0
Pediatrics	-	-	-	-
Total	65	5,048	22,395	4.4

Source: 2007 OHCA Report 400 (Average Staffed Beds)
2007 Patient Census Report (Cases, Patient Days, Length of Stay)

Outpatient Utilization

	FY 2007
Ambulatory Surgery	1,918
Emergency Department	38,438
Outpatient Gastroenterology	2,972

Source: 2007 Patient Census Report

Revenues and Expenses

	FY 2007
Net Patient Revenue	\$76,925,598
Other Operating Revenue	\$ 799,640
Less: Total Operating Expenses	\$82,425,087
Income From Operations	(\$ 4,699,849)

Source: 2007 Audited Hospital Financial Statements