

The William W. Backus Hospital



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County: New London

Founded: 1893

Medical/Dental Staff 269
Full-Time Equivalents 1330
Licensed Bed Capacity 213
Lic. Bassinet Capacity 20

For 115 years, The William W. Backus Hospital has been meeting the healthcare needs of residents in eastern Connecticut. This commitment to the community continues, even after completion of the hospital's largest-ever expansion, which brought expanded and modernized emergency and same day surgery departments, private rooms, and cancer treatment technology.

The hospital continues to integrate technology and medical expertise into its patient-centered care philosophy. This allows it to offer quality care in a community hospital setting, with the latest technology and highest quality doctors close to home for patients. Backus Hospital has received external recognition of the quality of care delivered, including the American College of Surgeons' Outstanding Achievement Award for its cancer center and CHA's John D. Thompson Award for patient safety improvements in the Critical Care Unit.

And the hospital's efforts go well beyond the main hospital campus. At Backus Outpatient Care Center in Norwich, convenient services for patients needing care for diabetes and other endocrine issues, arthritis, severe wounds and physical education are offered. A lab drawing station, anti-coagulation clinic, ostomy clinic, and dialysis suite are also located at the center. Additionally, Backus Health Centers in Montville, Colchester, and the Gales Ferry section of Ledyard offer convenient services including primary care, urgent care, lab and radiology services.

Backus Hospital continues to expand its radiology and lab services off campus, including a new lab drawing station in Plainfield and expanded radiology services in Colchester, Norwichtown, and Groton. Backus Home Health Care has also been added, which allows it to improve the continuum of care for patients discharged from the hospital.

As the region changes, so does Backus Hospital. The hospital must continue this strategic growth to fulfill its mission of improving the health of the community.

CENTERS OF EXCELLENCE

- Community Hospital Comprehensive Cancer Program
- Diabetes Management Center
- Level III Trauma Center
- Pain Management Center
- Center for Mental Health
- Wound Care Center of Eastern Connecticut

SERVING OUR COMMUNITY'S NEEDS

Community Hospital Comprehensive Cancer Program

This Cancer Services program is designated as a Community Hospital Comprehensive Cancer Program by the American Colleges of Surgeons' Commission on Cancer. Patients who come to Backus for cancer treatment have access to the most advanced and comprehensive technology available right on the hospital campus. A new second linear accelerator equipped with Image Guided Radiation Therapy (IGRT) offers state-of-the-art treatment. The Cancer Services staff is comprised of multi-disciplinary medical/surgical professionals, including oncology-certified nurses. A variety of free educational programs provide information and support for cancer patients and their loved ones.

Center for Healthcare Integration (CHI)

Recognizing that healing involves the mind, body, and spirit, Backus Hospital has created CHI, an integrative healthcare program offering services and education to meet the growing interest in therapies that complement and enhance the medical care we provide. Programs offered by CHI include pet therapy, yoga, healing touch, meditation, guided imagery, and energy therapies.

Community Health and Wellness

Through educational events, support groups, school programs, and outreach, Backus Hospital offers a wide variety of informational and preventative programs to improve the health of its region across the geographic and demographic spectrum.

- The Mobile Health Resource Center, a 40-foot-long health center on wheels, provides screenings and information throughout eastern Connecticut, and provides services to the uninsured and under-insured.
- Informational events include: "Dinner at Backus," which offers lectures on cancer care; a comprehensive nutrition program in Norwich public schools; special cooking classes in the community kitchen at the Diabetes Management Center; Safety Camp, an annual event that combines entertainment and education for youngsters. Additional outreach topics include women's health, fitness and diabetes management.
- "Be Aware," an honest and eye-opening educational program for high school students offered by the Emergency and Trauma Services, educates teens about the importance of safe driving and the consequences of driving while impaired by drugs or alcohol.
- A car seat clinic in Norwich is supported by the hospital.
- Free screenings are offered for cholesterol, blood pressure, prostate cancer, and bone density.
- Classes are provided for many topics, including childbirth preparation, pre-operative education for children and parents, preparing for surgery, total joint replacement, smoking cessation, healthy eating, and exercise.
- Free lectures and informational events are sponsored by the Cancer Services Department, the Department of Psychiatric Services, the Birthing Center, and Diabetes Management Center.
- Through a grant from the state of Connecticut, the hospital offers free mammograms and Pap smears for women with no health insurance, or whose insurance does not cover these services.



Support Groups

In conjunction with community healthcare partners, Backus provides a growing number of support groups, including:

- Bereavement
- Brain Injury
- Breast Cancer
- Cancer
- Cardiac Care
- Congestive Heart Failure
- Diabetes
- Laryngectomy
- Lymphedema
- Pregnancy and Infant Loss

Inpatient Utilization

Service	Avg Stfd Beds	FISCAL YEAR 2007		
		Cases	Patient Days	Avg Length of Stay
Medical/Surgical/Intensive Care	148	9,227	40,299	4.4
Psychiatry - Exempt	18	612	5,217	8.5
Maternity	15	1,148	2,529	2.2
Newborn	18	1,057	2,240	2.1
Total	199	12,044	50,285	4.2

Source: 2007 OHCA Report 400 (Average Staffed Beds)
2007 Patient Census Report (Cases, Patient Days, Length of Stay)

Outpatient Utilization

	FY 2007
Ambulatory Surgery	7,800
Emergency Department	54,998
Outpatient Gastroenterology	2,069

Source: 2007 Patient Census Report

Revenues and Expenses

	FY 2007
Net Patient Revenue	\$217,893,336
Other Operating Revenue	\$ 4,887,481
Less: Total Operating Expenses	\$213,708,355
Income From Operations	\$ 9,072,462

Source: 2007 Audited Hospital Financial Statements