



For Immediate Release

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CHA to Recognize Griffin Hospital's Janie Mezzatesta, RN, as a Healthcare Hero

WALLINGFORD – At its 97th Annual Meeting on Tuesday, June 30, 2015, the Connecticut Hospital Association (CHA) will recognize Janie Mezzatesta, RN, cardiac nurse at Griffin Hospital, as a 2015 Healthcare Hero. She was nominated for this award by Ken Roberts.

Ms. Mezzatesta is the first to notice a patient in need, and the first to offer a friendly smile or a word of concern. In her 39 years at the hospital, she has served as a moral compass and directional beacon for others to follow on Griffin Hospital's continuous journey to a culture of patient-centered care.

She has contributed her vast experience and endless energy to the hospital's Sharps Committee and supported efforts to identify and secure safer medical devices to use in patient care. She also has volunteered hundreds of hours to care for people recovering from a cardiac event. She was one of the cornerstones in establishing an annual charity golf tournament that has raised tens of thousands of dollars for the Lupus Foundation in memory of a physician's son who succumbed to the disease.

Ms. Mezzatesta has precepted nearly 100 new nurses, taking them under her wing and into her heart, helping them navigate the increasingly complex, physically demanding, and intellectually challenging profession they've chosen.

CHA's Healthcare Heroes award was developed in 2002 to celebrate the invaluable contributions of healthcare workers, both to their field and to the community at large. Now in its 14th year, the presentation of the Healthcare Heroes awards has become a highlight of CHA's Annual Meeting.



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About CHA

The Connecticut Hospital Association has been dedicated to serving Connecticut's hospitals since 1919. Through state and federal advocacy, CHA represents the interests of Connecticut's hospitals on key healthcare issues in the areas of quality and patient safety, access and coverage, workforce, community health, health equity, and hospital reimbursement.