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**FOR IMMEDIATE RELEASE:**

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**The American Red Cross to Host Blood Drive at Day Kimball Hospital**

PUTNAM, CT – The American Red Cross will host a blood drive at Day Kimball Hospital on Friday, August 5, 2011 from 8:00 a.m. – 5:45 p.m. The drive will be located in the Hospital's Robert H. Field Conference Center. All donors are asked to enter the Hospital through the rear laboratory entrance.

Donors must be at least 17 years old and weigh at least 110 pounds. All donors are required to provide acceptable proof of identification. Three days prior to donating, blood donors should begin drinking plenty of fluids, such as water or juice. They should also allow eight weeks between donations.

To register for an appointment to give blood, please contact The American Red Cross at 1-800-733-2767. Visit [www.bloodct.org](http://www.bloodct.org) to receive more information on donating blood.

Day Kimball Healthcare is a non-profit, integrated medical services provider comprised of Day Kimball Hospital, healthcare centers in Danielson, Plainfield and Thompson, Day Kimball HomeCare, Hospice & Palliative Care of Northeastern CT, Day Kimball HomeMakers and Day Kimball Physician Practices. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare's comprehensive network offers more than 1,200 employees including nearly 300 highly-skilled physicians, surgeons and specialists. Its website is [daykimball.org](http://daykimball.org).