

EASTERN CONNECTICUT HEALTH NETWORK

NEWS RELEASE

CONTACT: Andrew Beck
Office: (860) 647-4751

FOR IMMEDIATE RELEASE
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LAUREN FORGIONE-RUBINO, M.D., ELECTED HCMA PRESIDENT

MANCHESTER, CONNECTICUT – Lauren Forgione-Rubino, M.D., has been elected as the 216th president of the Hartford County Medical Association (HCMA). She is the second female physician to be elected president of this prestigious professional organization. HCMA represents 2,200 physicians dedicated to the promotion of quality medical care and patient advocacy.

Board certified in general surgery, Dr. Forgione-Rubino has been a member of the ECHN medical staff since July 1996. She earned her medical degree at Tufts University School of Medicine and completed her residencies at St. Francis Hospital and Medical Center in Hartford, Conn., and St. Vincent's Hospital and Medical Center in New York. Dr. Forgione-Rubino has been Chief of Surgery since 2003 and has served on several medical staff committees, including Bylaws, Trauma, GI Endoscopy, Infection Control, and Cancer.



Dr. Forgione-Rubino is also the only surgeon in eastern Connecticut trained in breast brachytherapy using a multi-lumen balloon called Contura. This procedure dramatically shortens the length of time required for radiation therapy after a woman has had a lumpectomy for breast cancer.

Dr. Forgione-Rubino is married, has two children, and resides with her family in Farmington, Conn. Her private practice is located at 945 Main Street, Suite 105, Manchester, Conn. She can be reached at 860-645-1232.

ECHN is a not-for-profit health care system serving 19 towns in eastern Connecticut, through its network of affiliates that include Manchester Memorial Hospital, Rockville General Hospital, Woodlake at Tolland (a 100-bed nursing home and short-term rehabilitation facility), the ECHN Medical Building at Evergreen Walk in South Windsor, which houses the Women's Center for Wellness, and ECHN Health Services Inc. (a series of medical practices owned and operated by ECHN). It is in partnership with Visiting Nurse & Health Services of Connecticut Inc., Connecticut Occupational Medicine Partners Inc., Ambulance Service of Manchester, Aetna Ambulance, Metro Wheelchair, and Saint Francis Care (which partners with ECHN on the Cardiac Catheterization Laboratory of the Hoffman Heart Institute of Connecticut at Rockville General Hospital), Community CancerCare Inc. (which provides radiation therapy services at The John A. DeQuattro Community Cancer Center in Manchester). ECHN is also affiliated with Connecticut Children's Medical Center. More detailed information about the health system can be found on our Website at www.echn.org.